

## Children Who Witness Abuse

Our counsellor offers education in a group format, to children who have experienced conflict in their families. Even when children are the indirect victims of abuse, it can have a negative impact on their lives. Parents often think that because the children aren't present, they don't know or that "babies" are too young to understand. Seeing or hearing parents fight, things being broken, or their mother being hit is terribly damaging to children's sense of safety and well-being.

The objectives of the CWWA program are to let children know:

- ◇ It's not your fault
- ◇ You are not alone
- ◇ You can get help



Weekly meetings provide a safe environment for children to learn about:

- ◇ Feelings, what they are and how to express them
- ◇ Self-esteem
- ◇ Families and how they change (dealing with loss)
- ◇ Safety plan: How to get help and protect themselves
- ◇ Various types of abuse
- ◇ Anger
- ◇ Learn about choices
- ◇ Personal power
- ◇ Resolving conflict

## Other programs offered

### Ann Davis Transition House

604-792-3116

Provides shelter and support for abused women and their children

The house is staffed 24 hours a day, 7 days a week.

### Ann Davis Services

604-792-2760

- Women's counselling
- Family and couples' counselling
- Legal advocacy
- Men's counseling and Men's Support Group
- Sexual assault support
- Youth Counsellors, Youth Summer Program, groups for boys and groups for girls
- Caught in the Middle - families experiencing separation/divorce
- Play and art therapy
- Supervised access visits

Ann Davis Transition Society  
9046 Young Road  
Chilliwack, BC

We welcome your inquiries.

For more information please call:

604-792-2760

Fax: 604-792-2875

[www.anndavis.org](http://www.anndavis.org)



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# CWWA Group



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