

## Other programs offered

### Ann Davis Transition House

604-792-3116

Provides shelter and support for abused women and their children

The house is staffed 24 hours a day, 7 days a week.

### Ann Davis Services

604-792-2760

- Family and couples' counselling
- Legal advocacy for women
- Men's counseling and Men's Support Group
- Sexual assault support
- Women's counselling - Individual and groups
- Caught in the Middle - families experiencing separation/divorce
- Children Who Witness Abuse Counselling
- Play and art therapy
- Supervised access visits



## How you can support us

### Donate

All monetary donations to the Ann Davis Transition Society are fully tax deductible.

### Volunteer Opportunities

If you would like to support the Society's work through volunteering, our needs include: office help, writing our newsletter, bingo volunteer, yardwork and fundraising. Please note that counselling is not done by volunteers at Ann Davis.

Y.E.S. is a service of and developed by  
Ann Davis Transition Society

Programs funded in part by  
BC Gaming Commission  
& Chilliwack Bingo



## Ann Davis Transition Society

### YES Program

9046 Young Road, Chilliwack  
604-792-2760

[www.anndavis.org](http://www.anndavis.org)

## What is Y.E.S.?

Being a young adult can be difficult—and sometimes a little extra support can really help.

### **Are you out of school?**

Some extra support could help you get back and get through.

### **Are you lonely?**

**Are you sick of being angry?** Some extra support in a group or individually could help you to deal with your anger better.

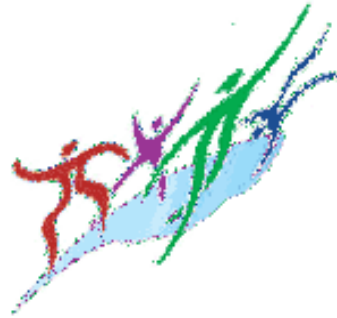
**Are you feeling bad about yourself?** Some extra support could help you feel more positive.

**Are you fighting with your parents too often?** Some extra support could help make sure that you and they are listened to.

Or it could be lots of other things where some extra support could really help.

## What we hope the YES program will do is:

- Help youth who are at risk from 'dropping out'.
- Make families stronger
- Reduce abuse and violence now and in the future.



## Got questions?

Call us 604-792-2760

Or email

[youthsupport@anndavis.org](mailto:youthsupport@anndavis.org)

## YES can cover:

- Being angry
- Lifeskills
- Parent relationships
- Problem solving
- Tutoring
- Communication
- Healthy relationships
- Who am I?
- School skills
- Love Relationships
- Bullying
- Friendships
- Self esteem
- Employment skills
- And more!