

OTHER SERVICES OFFERED:

- Family and couples' counselling
- Legal advocacy
- Men's counselling and men's support groups
- Sexual assault support
- Women's counselling - individual and group
- Children in Between - families experiencing separation/divorce
- Children who witness abuse counselling
- Play and art therapy
- Supervised access visits
- Counselling for children and teens
- Transition house (604-792-3116)
- Parenting Time

HOW YOU CAN SUPPORT ANN DAVIS SERVICES:

Donate:

All monetary donations to the Ann Davis Transition Society are fully tax deductible.

Volunteer:

All material, household, and clothing donations can be dropped off at our Thrift Store located at 46230 Yale Rd. Phone 604-402-0014.

- Thrift Store
- Administrative support
- Fundraising & Events
- Child Care

Please note that counselling is not done by volunteers at Ann Davis.

ADTS reserves the right to refuse or withdraw services at our discretion.

**9046 Young Rd
Chilliwack V2P 4R6
Phone: 604.792.2760
Fax: 604.792.2875
www.anndavis.org**



PARENTING GROUP



ann davis transition society

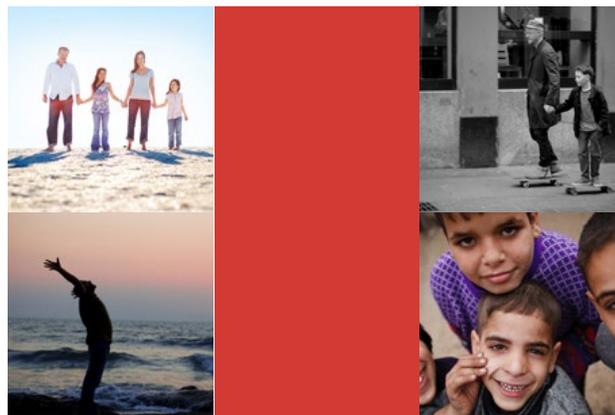
SOME OF THE TOPICS COVERED:

- A basic understanding of how the environment in which children are raised impacts their brain development
- The stages of maturation and skills needed for children's psychological well being
- An understanding of why it's important for children to develop healthy attachments to their primary caregivers
- How to help children form deep attachments to their primary caregivers
- Understanding stress and anxiety in children
- Healthy communications with children
- Disciplining children in ways that support their development

The goal is to give primary-caregivers the tools to raise their children in a way that is effective and safe for the child's long term emotional development.

The group is informal and people ask questions as we go along; opening up to small discussions.

The focus is on raising children in ways that increase the chances of them maximizing their potential.



ATTACHMENT PARENTING

- Individual counselling and child-parent relationship therapy
- A safe, confidential and nurturing space in which to heal and make sense of what is happening
- A creative approach to processing challenges through the use of various art materials, sand-play, story-telling, and specific toys
- An imaginative therapeutic mode that facilitates communication on verbal and non-verbal levels
- A client-centered approach that grants children and adolescents the freedom to be themselves without facing evaluation or pressure to change