



ann davis transition society

Summer Training and Recreation (S.T.A.R.) Program 2018

July 10 – 26 or August 7 – 23
3 days per week for 3 weeks
(Tues, Wed, Thurs) 10-3pm
Open to ages 14-17 years old

Participants will be introduced to the work-skills and life-skills necessary to successfully obtain and keep employment.

Content:

While participating in some fun/challenging recreational activities, participants will complete volunteer assignments, attend workshops, learn about the workforce, and meet new friends! In addition each participant will be given one-to-one support and counselling both during and post program.

Topics covered may include:

Problem solving, communication skills, healthy relationships, conflict resolution, ethics/values, anger/stress management, budgeting, self-care (diet/exercise/hygiene), team work, resume/letter writing, interview skills and more.

Target Participants:

This program is aimed at providing youth with the tools they need to help establish and keep employment. Youth that are interested in learning valuable skills that look great on a resume should apply!

Fees/Honorarium:

There is **no fee** for this program. Youth will earn **\$25.00** per week for their participation.

Application:

Due to the popularity of the program, application does not guarantee admittance. We are happy to invite those who wish to participate to meet with us.

Recognition:

Those completing the three week program will receive a reference towards their career and resume. Participants will also receive a certificate of completion.

Follow up:

One-to-one counselling, assistance returning to school, and/or assistance obtaining and maintaining employment and other supports as needed, for up to one year.

Contact: Kris or Tammy for more information

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